

# Curriculum Vitae – Harald Johan Hamre

1958 Born in Bergen, Norway

Citizenship Norwegian

## Current position

Since 1997 Senior Research Scientist, Institute for Applied Epistemology and Medical Methodology at the University of Witten-Herdecke, Freiburg, Germany

## Education, qualifications

1976 Studies in physics and mathematics, University of Bergen, Norway

1977 – 1978 Study of music pedagogic, Agder Music Conservatory, Kristiansand, Norway

1978 – 1984 Study of medicine, University of Bergen, Norway  
Study of anthroposophic medicine with Dr E. Tynæs, Bergen, Norway;  
Clinical traineeships in the Friedrich-Husemann-Klinik, Buchenbach, Germany and the Klinik Öschelbronn, Öschelbronn, Germany

1984 Medical degree, University of Bergen, Norway

Since 1986 Qualification as physician in Norway

1992 – 2002 Specialist in family medicine, Norwegian Medical Association

Since 1996 Qualification as physician in Spain

Since 1997 Qualification as physician in Germany

Since 1999 Certificate as anthroposophic physician, Physicians' Association for Anthroposophic Medicine in Germany (GAÄD)

2005 Doctoral thesis: Anthroposophic vs. conventional therapy of acute respiratory & ear infections: a prospective outcomes study, University of Witten/Herdecke, Germany

## Previous positions

1984 – 1985 Postgraduate internship: Depts. of Medicine and Surgery, Sandnessjøen Hospital, Sandnessjøen, Norway

1985 Postgraduate internship: General practice, Herøy, Norway

1986 Physician, Department of Medicine, Diakonissehjemmet Hospital, Bergen, Norway

1986 – 1987 Physician, Klinik Öschelbronn, Öschelbronn, Germany

1988 – 1989 Community-affiliated general practice, Åros, Norway

1989 – 1996 Community-affiliated general practice, Oslo, Norway

1996 – 1997 Executive Physician, Centro de Terapia Antroposofica, Lanzarote, Spain

2005 – 2008 Advisor, Norwegian Directorate of Health

2009 – 2012 Senior Advisor and Project Manager, Norwegian Directorate of Health

## Research areas

- Clinical studies into the effectiveness, costs and safety of anthroposophic treatment including art therapy, eurythmy therapy, medicinal products, and rhythmical massage therapy
- Clinical epidemiology
- Research designs
- Safety of dental amalgam

## Memberships

- Norwegian Medical Association
- German Medical Association
- International Society for Complementary Medicine Research ISCMR, <http://www.iscmr.org>
- Forum of University Research Groups for Complementary Medicine in Europe (Forum der universitären Arbeitsgruppen für Naturheilverfahren und Komplementärmedizin)
- Physicians' Association for Anthroposophical Medicine in Germany
- ESCAMP – European Scientific Cooperative for Anthroposophic Medicinal Products

## Boards and working groups

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|-------------|---|
| 1991 – 1996 | President of the Norwegian Anthroposophic Medical Association   |
| 1994 – 1996 | Member of the Advisory Board, Norwegian Dental Biomaterials Adverse Reaction Unit at the University of Bergen, Norway   |
| 2006 – 2009 | Lecturer for Anthroposophic Medicine, Institute of Pharmaceutical Sciences, University of Freiburg  |
| 2009        | Participant at WHO working group meeting on clinical studies on phytotherapy  |
| Since 2009  | Member of the Editorial Advisory Board of The Open Drug Safety Journal  |
| Since 2010  | Founding Member and President of the European Scientific Cooperative for Anthroposophic Medicinal Products (ESCAMP)   |
| Since 2012  | Co-investigator: Amalgam removal in patients with health complaints attributed to amalgam restorations: a prospective cohort study. Dental Biomaterials Adverse Reaction Unit, Uni Health, Uni Research AS, Bergen, Norway  |
| 2013 - 2016 | Co-investigator: Development and feasibility assessment of in integrated medical care rehabilitation program for patients with continuing health complaints after amalgam removal - The IMCR trial. National Research Center in Complementary and Alternative Medicine, NAFKAM, Department of Community Medicine, Faculty of Health Science, University of Tromsø, Tromsø, Norway |

## Reviewer for journals

- Annals of Internal Medicine
- Alternative and Complementary Therapies
- Alternative Therapies in Health and Medicine
- BMC Complementary and Alternative Medicine
- BMC Health Services Research
- ClinicoEconomics and Outcomes Research
- Complementary Therapies in Medicine
- Der Merkurstab (Journal of Anthroposophic Medicine)
- European Journal of Health Economics
- European Journal of Psychotherapy & Counselling
- Evidence-Based Complementary and Alternative Medicine
- Forschende Komplementärmedizin / Research in Complementary Medicine
- Integrative Cancer Therapies
- International Journal of Case Reports in Medicine
- International Journal of Geriatric Psychiatry
- Journal of Alternative and Complementary Medicine
- Journal of Alternative & Integrative Medicine
- Journal of Community Medicine & Health Education
- Medicine & Science in Sports & Exercise
- Neuropsychiatric Disease and Treatment
- Patient Preference and Adherence
- Pharmacoepidemiology and Drug Safety
- PLOS ONE
- Psychoneuroimmunology
- The Open Drug Safety Journal
- Yonsei Medical Journal

## Reviewer for institutions and organisations

- Dutch Arthritis Association
- Federal Office for Public Health, Switzerland
- International Federation of Anthroposophic Medical Associations (IVAA)
- Iscador AG
- National Research Center in Complementary and Alternative Medicine (NAFKAM), Norway

- Software AG Foundation, Germany

Last update: March 2017